



Soft back
40 pp | 180mm x 140mm
Signed

EIGHTEEN FIT MEN
Julie Cook

A book of collages taken from British magazine covers of the nineteen fifties: *Health and Strength* and *The Field*. One was a popular fitness journal that was read internationally by devotees of physical fitness training, weight lifting and bodybuilding with the other a large format 'newspaper' dedicated to domestic country pursuits.

With a nod to Ed Ruscha, they are a study of the male pose demonstrating a fascination with body change (gym culture) coupled with equally 'unnatural' British landscape.

The magazines were found in a second hand bookshop in Pontypridd market

